

# PERTUSSIS REPORT 23 August–19 September 2025

This report summarises pertussis (whooping cough) notifications for the four-week period 23 August–19 September 2025, and cumulative numbers since the onset of a national pertussis epidemic on 19 October 2024. It includes the distribution of cases by time, region, district, age group and prioritised ethnicity. Four-weekly rates are presented to enable comparisons between groups and over time. This report supplements the <a href="Pertussis dashboard">Pertussis dashboard</a> which is updated weekly.

Data contained within this report is based on information recorded in EpiSurv as at 11am on 24 September 2025. Changes made to EpiSurv after this time will not be reflected here. Data presented may be further updated and should be regarded as provisional. Cases still under investigation are not included in this report. Because cases that are under investigation are still to be classified, case numbers may change in future reports.

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### Summary

- A national pertussis epidemic was declared on 22 November 2024 following an increase in cases throughout New Zealand beginning on 19 October 2024.
- Case numbers are lower in the four-week period 23 August–19 September 2025 compared to the prior four-week period. Hospitalisations are similar to the prior four-week period.

In the past four surveillance weeks (weeks 34–37, 23 August–19 September 2025):

- there were 158 cases (120 confirmed and 38 probable) notified in EpiSurv, compared with 213 cases for the prior four weeks (weeks 30–33) This comprises 36, 34, 49 and 39 cases, respectively in weeks 34–37;
- 20 cases were hospitalised, the same number as in weeks 30–33; no deaths were reported;
- 15 cases (9.6%) were aged less than 1 year, of which nine (60.0%)<sup>1</sup> were hospitalised;
- notification rates were highest among infants aged less than 1 year (25.9 per 100,000, 15 cases), followed by children aged 5–9 years (10.7 per 100,000, 35 cases);
- the ethnic group with the highest notification rate was Māori (7.0 per 100,000, 62 cases), followed by European or Other (2.6 per 100,000, 86 cases);
- rates were highest in Midland | Te Manawa Taki (7.2 per 100,000, 76 cases) region followed by South Island | Te Waipounamu (4.4 per 100,000, 55 cases), Central | Te Ikaroa (1.0 per 100,000, 10 cases), and Northern | Te Tai Tokerau (0.8 per 100,000, 17 cases) regions.





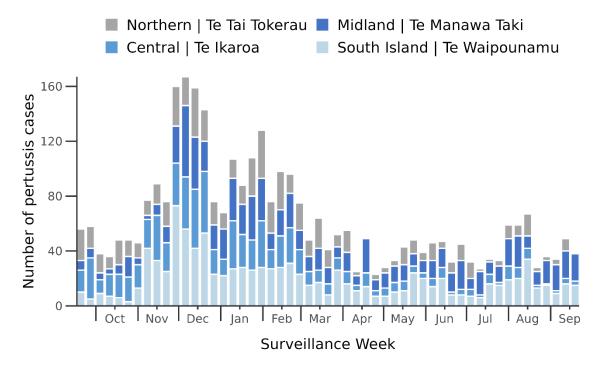
From the beginning of the current national epidemic on 19 October 2024 to 19 September 2025:

- a total of 3101 confirmed, probable and suspect cases of pertussis were notified;
- overall, 281 cases (9.5%) were hospitalised and there has been one death;
- of the 261 cases (8.4%) aged less than 1 year, 132 (51.2%)<sup>1</sup> were hospitalised.

#### Trends in pertussis cases

A national epidemic was declared on 22 November 2024 following a sustained increase in cases throughout New Zealand beginning on 19 October 2024 (Figure 1). Weekly case numbers peaked in December 2024.

Figure 1. Pertussis cases by week and region, 12 months to 19 September 2025



Note: includes confirmed, probable, and suspect cases only. Cases still under investigation are excluded.

<sup>&</sup>lt;sup>1</sup> Hospitalised percentages are out of total cases where hospitalisation status was known



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Figure 2 shows monthly pertussis cases since 2010. This shows the current epidemic with case numbers in December equalling or exceeding the highest months seen during the two previous epidemics in 2011–2013, and 2017–2019.

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Year (Month)

Figure 2. Pertussis cases by month, January 2010-August 2025

Note: Data for September are not presented as the month is not yet complete.

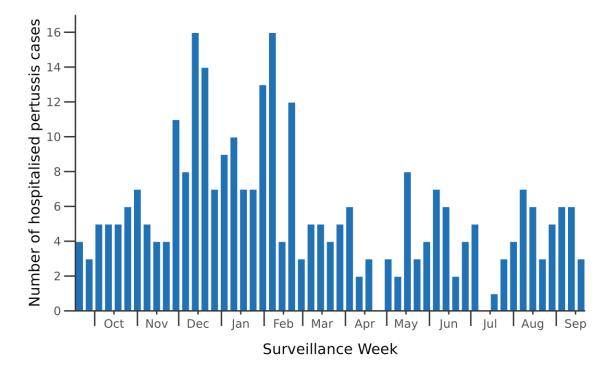




## Trends in pertussis hospitalisations

Pertussis hospitalisations increased in December 2024 and remained high into February, noting there is large week to week variation (Figure 3). In the past four weeks, 20 cases were hospitalised, the same number as in the prior four-week period.

Figure 3. Pertussis hospitalisations by week, 12 months to 19 September 2025





## Cases by age

In the past four weeks, notification rates were highest among infants aged less than 1 year, followed by children aged 5–9 years (Table 1). Infants aged less than 1 year are most vulnerable to severe disease, with a high proportion requiring hospitalisation. Among infants, those aged less than 2 months are at highest risk of severe disease and death.

Table 1. Number and rate of pertussis cases and hospitalisations by age group

		Past 4 we	eks	National epidemic to date		
Age Group (years)	23 Aı	ıgust–19 S	eptember	19 October 2024–19 September 2025		
	Cases <sup>1</sup>	Rate <sup>2</sup>	Hospitalised <sup>3</sup>	Cases <sup>1</sup>	Hospitalised <sup>3</sup>	
<1	15	25.9	9 (60.0%)	261	132 (51.2%)	
1–4	24	9.8	3 (13.6%)	566	43 (7.9%)	
5–9	35	10.7	4 (11.4%)	494	19 (4.0%)	
10–14	21	6.0	0 (0.0%)	434	11 (2.7%)	
15–19	11	3.2	1 (9.1%)	238	9 (4.0%)	
20–64	44	1.4	2 (4.7%)	979	47 (5.0%)	
65+	6	0.7	1 (20.0%)	127	20 (16.9%)	
Unknown	2	_	0	2	0	
Total	158	3.0	20 (13.1%)	3,101	281 (9.5%)	

<sup>&</sup>lt;sup>1</sup> Includes confirmed, probable and suspect cases only

<sup>&</sup>lt;sup>2</sup> Four-week rate of pertussis cases per 100,000 population calculated using 2024 mid-year population estimates from Statistics New Zealand. Rate suppressed if based on fewer than five cases.

<sup>&</sup>lt;sup>3</sup> Hospitalised percentages are out of total cases where hospitalisation status was known.



# Cases by Ethnicity

In the past four weeks, the ethnic group with the highest notification rate was Māori (7.0 per 100,000, 62 cases), followed by European or Other (2.6 per 100,000, 86 cases) (Table 2).

Hospitalisation rates for the epidemic to date were highest among Māori and Pacific peoples, both overall and for cases aged less than 1 year.

Further breakdowns of case numbers by age and ethnicity are available on the Pertussis dashboard.

Table 2. Number and rate of pertussis cases by ethnicity

	Past 4 weeks  23 August–19 September		National epidemic to date				
Ethnicity			19 October 2024–19 September 2025				
	Cases <sup>1</sup>	Rate <sup>2</sup>	Cases <sup>1</sup>	Hospitalised <sup>3</sup>	Cases <1yr	Hospitalised <sup>3</sup> <1yr	
Māori	62	7.0	1,067	145 (14.1%)	170	90 (53.6%)	
Pacific peoples	4	-	201	45 (23.4%)	27	17 (63.0%)	
Asian	4	-	110	8 (7.8%)	8	1 (12.5%)	
European or Other	86	2.6	1,708	83 (5.1%)	56	24 (43.6%)	
Unknown	2	-	15	0 (0.0%)			

Note: Ethnicity is prioritised. European or Other includes the MELAA category.

<sup>&</sup>lt;sup>1</sup> Includes confirmed, probable and suspect cases only

<sup>&</sup>lt;sup>2</sup> Four week rate of pertussis cases per 100,000 population calculated using 2024 mid-year population estimates from Statistics New Zealand. Rate suppressed if based on fewer than five cases.

<sup>&</sup>lt;sup>3</sup> Hospitalised percentages are out of total cases where hospitalisation status was known.



# Cases by district

Bay of Plenty District reported the highest rate (18.1 per 100,000) in the last four weeks, followed by Canterbury (5.3 per 100,000) (Table 3).

Table 3. Number of pertussis cases, rate and hospitalisations by health district

		Past 4 we	eks	National epidemic to date		
District	23 Aı	ıgust–19 S	eptember	19 October 2024–19 September 2025		
	Cases <sup>1</sup>	Rate <sup>2</sup>	Hospitalised	Cases <sup>1</sup>	Hospitalised	
Northland	2	-	0	200	21	
Waitematā	1	-	1	133	25	
Auckland	1	1	1	102	20	
Counties Manukau	13	2.0	5	175	33	
Waikato	17	3.6	1	174	22	
Lakes	6	5.0	2	145	18	
Bay of Plenty	51	18.1	4	337	30	
Tairāwhiti	2	-	0	58	3	
Taranaki	0	-	0	94	15	
Hawke's Bay	5	2.7	1	175	15	
Whanganui	0	-	0	38	9	
MidCentral	2	-	1	139	8	
Hutt Valley	0	-	0	93	5	
Capital and Coast	3	-	0	183	10	
Wairarapa	0	-	0	31	3	
Nelson Marlborough	5	3.0	0	117	1	
West Coast	1	-	1	68	7	
Canterbury	33	5.3	1	422	23	
South Canterbury	0	-	0	21	4	
Southern	16	4.4	2	396	9	

<sup>&</sup>lt;sup>1</sup> Includes confirmed, probable and suspect cases only.

<sup>&</sup>lt;sup>2</sup> Four-week rate of pertussis cases per 100,000 population calculated using 2024 mid-year population estimates from Statistics New Zealand. Rate suppressed if based on fewer than five cases.





## Vaccination status of cases aged <12 months

Pertussis vaccination is funded in New Zealand during every pregnancy and as part of the childhood immunisation schedule. The primary series is given at 6 weeks, 3 months and 5 months. Together with the antenatal vaccine, this schedule aims to protect infants against pertussis infection, severe disease requiring hospitalisation, and death.

In the epidemic to date, there have been 49 cases of pertussis in infants aged <2 months. Of these, six (14.0%) were born to mothers who had received antenatal vaccination against pertussis during pregnancy.

Among cases aged 2–11 months, 72.0% (149/207) had not received all of their age-appropriate pertussis vaccine doses (Table 4).

Table 4. Vaccination status of cases aged <12 months, by age and hospitalisation, 19 October 2024–19 September 2025

Age Group	Hosp	italised	Not Hospitalised	
<2mths		42		7
	Not vaccinated for age <sup>2</sup>	Vaccinated for age <sup>2</sup>	Not vaccinated for age <sup>2</sup>	Vaccinated for age <sup>2</sup>
2–3mths	30	12	7	8
4–5mths	15	4	19	0
6–11mths	24	4	54	30

Note: table excludes two cases where vaccination status is unknown and three cases where hospitalisation status is unknown. Source: EpiSurv

Note: Vaccine doses given <14 days prior to date of illness onset are excluded from this analysis as protection is expected to take 14 days to develop.

<sup>&</sup>lt;sup>1</sup> Vaccination information is not provided for infants <2 months as the first infant dose is offered at 6 weeks and protection takes 14 days to develop

<sup>&</sup>lt;sup>2</sup> A case is considered to be vaccinated for age if they have received at minimum: 1 dose for cases 2 to <4 months; 2 doses for cases 4 to <6 months and 3 doses for cases 6-<12 months.



## Appendix - Case definition

Note: The pertussis case definition was revised on 18 December 2024. The suspect case definition was retired as part of this revision.

The case definition in place at the time of preparing this report is provided below. The current case classification used in Aotearoa New Zealand can be found on the <u>Health New Zealand | Te</u> Whatu Ora Communicable Disease Control Manual site.

#### Clinical criteria

A clinically compatible illness is characterised by a new onset cough without a clear alternative cause and one or more of the following features:

- · paroxysms of coughing
- cough ending in vomiting
- inspiratory whoop
- apnoea or cyanosis (in infants aged under 12 months).

#### Epidemiological criteria

An epidemiological link is established when there is contact between two people at a time when one of them is likely to be infectious AND the other has an illness which starts within 5 to 21 days after this contact AND at least one case in the chain of <u>epidemiologically linked</u> cases (which may involve many cases) has <u>laboratory definitive evidence of pertussis</u>.

#### Laboratory criteria

Laboratory definitive evidence: Detection of *Bordetella pertussis* nucleic acid by polymerase chain reaction (PCR), OR Isolation of *B. pertussis* 

#### Case classification

- Confirmed: a person who has laboratory definitive evidence; OR a person who has a clinically compatible illness AND who has an epidemiological link to a confirmed case.
- Probable: a person who has a clinically compatible illness AND either has a cough lasting 14 days or more OR exposure as part of an outbreak<sup>1</sup>.

<sup>1</sup>an institutional outbreak or community-wide outbreak (when there is limited access to testing)

- **Under investigation**: a person who has been notified, but information is not yet available to classify further.
- Not a case: a person who has been investigated and subsequently found not to meet the
  case definition.

